

**The Early Years**

**5th Grade**

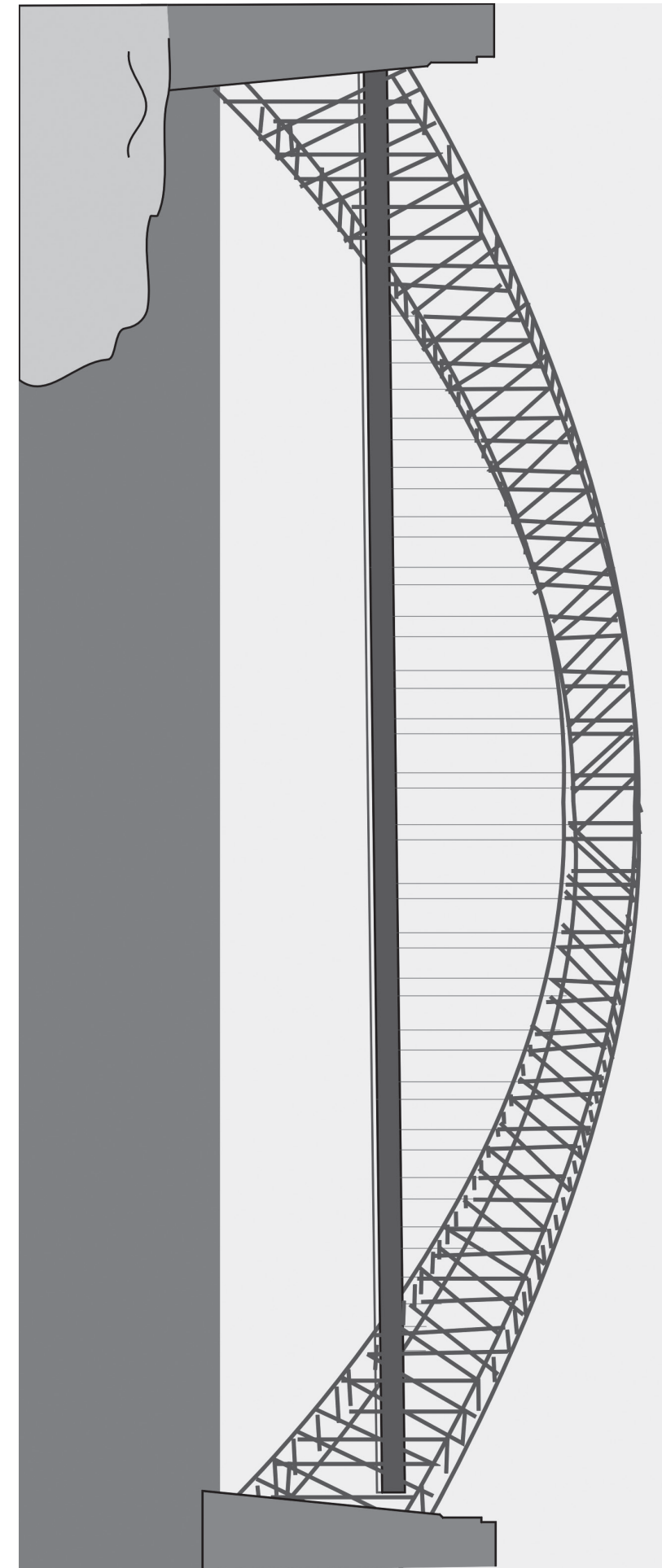
**Workbook**



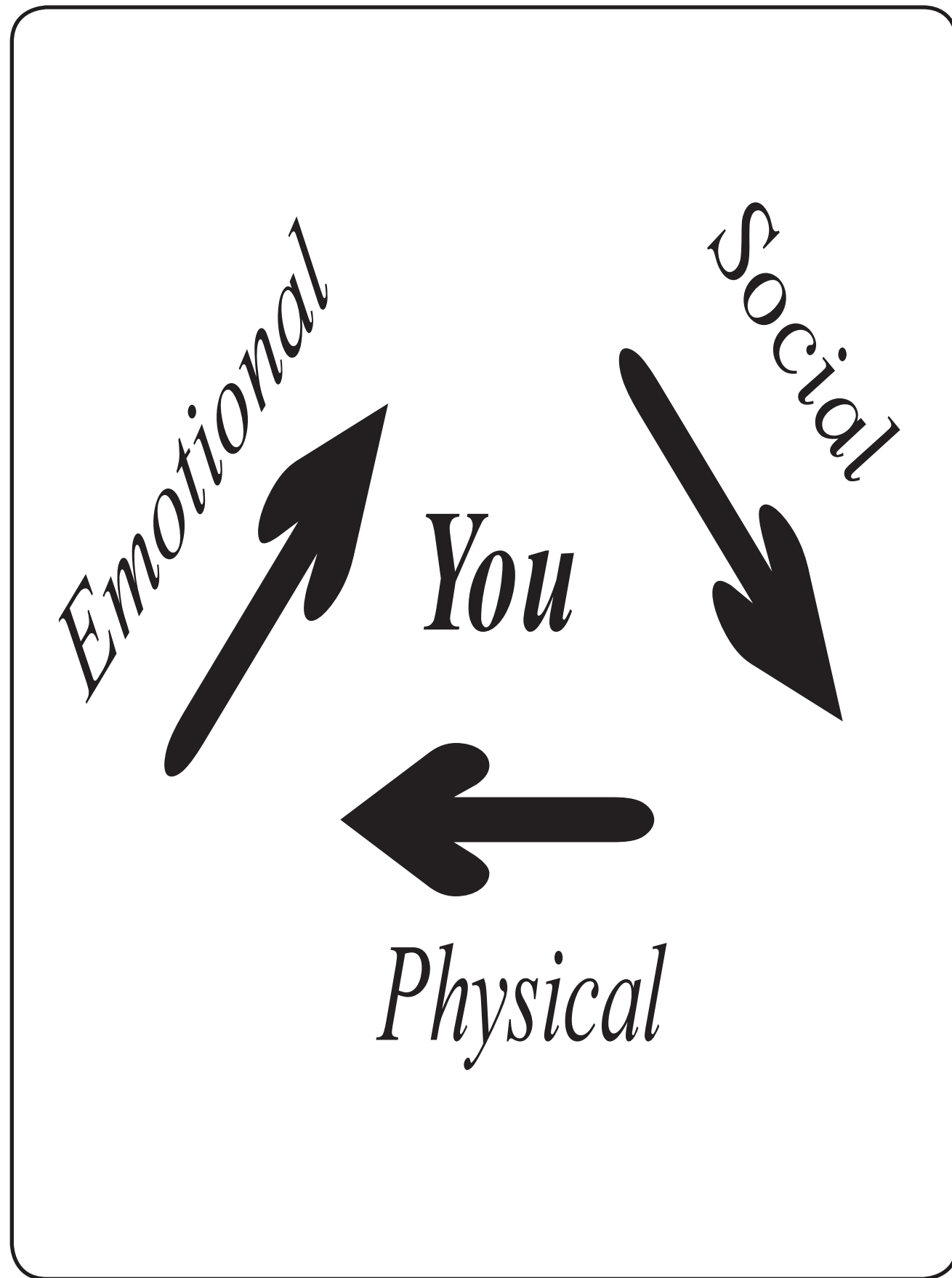
## Friendship Qualities

1. In the first column list the name of two of your friends.
2. In the second column list two qualities that your friendship with that person has.
3. In the third column think about if you return that same quality to your friends. Would they be able to say the same about you?

Friend	Quality	Return?
Karen	Keeps Promises, can trust with a secret	Yes



# eMotions



aggressive	alienated	angry	annoyed	anxious	apathetic	bashful
bored	cautious	confident	confused	curious	depressed	determined
disappointed	discouraged	disgusted	embarrassed	enthusiastic	envious	ecstatic
excited	exhausted	fearful	frightened	frustrated	guilty	happy
helpless	hopeful	hostile	humiliated	hurt	hysterical	innocent
interested	jealous	lonely	loved	lovestruck	mischievous	miserable
negative	optimistic	pained	paranoid	peaceful	proud	puzzled
regretful	relieved	sad	satisfied	shocked	shy	sorry
stubborn	sure	surprised	suspicious	thoughtful	undecided	withdrawn